

Tips For Fast Recovery After Lasik Eye Surgery

Contributed by Webmaster

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In this day and age of high-tech solutions to just about every situation, it should be no surprise that there is a high-tech solution to vision problems through Lasik laser eye surgery. This procedure has become quite popular and for a number of good reasons.

There is a fast recovery time, the vision improvement is virtually immediate and the risk of complications is super low. But, to be sure that the best results are achieved and to further minimize potential problems, there are a few things patients need to do after Lasik eye surgery.

One of the first things that people want to know when they are considering corrective eye surgery is how long it will take, after the surgery, before they are able to return to their normal daily activities. The good news is that recovery from this type of laser eye surgery is quite rapid and within a couple days after the procedure, most people can get back to life as normal, except without the hassle of needing their eyeglasses or their contact lenses.

Immediately after Lasik eye surgery, it is strongly advised to carefully avoid any kind of activity that might result in something touching, rubbing or poking the eyes. For the first few hours after the laser eye surgery in the clinic, the patient is advised to rest and keep their eyes closed as much as possible.

Once these few hours have passed after surgery, the patient is then able to get back to their routine activities, either at home or at work. Still, rubbing the eyes should be avoided for a few days and if dryness or itchiness occurs, then the patient should use lubricating eye-drops to help alleviate the irritation and to soothe the eyes. Most Lasik eye center facilities will provide the patient with drops for their eyes for this very purpose.

After corrective eye surgery, it is also recommended that patients wear a soft protective eye-mask at night so that the affected eyes are buffered and protected from any inadvertent bumps, scraping or rubbing. This also helps to make sure that no foreign objects enter the eyes during this brief period of recovery from the Lasik vision surgery.

While there is historically very little occurrence of infections with laser eye surgery in general, some surgeons will prescribe antibiotics as a precaution. If antibiotics, or any other medications, have been prescribed, it is important to take these medications exactly as prescribed by the Lasik eye doctor. Also, most doctors will recommend that you drink plenty of water in order to be sure the eyes are properly hydrated during the healing process.

After Lasik eye surgery, it is also a good idea to avoid showering in order to keep soap and water out of the eyes. The patient can quickly return to normal reading, watching TV and working at the computer screen as long as they remember to keep their eyes well lubricated with artificial tears. With these few precautions, soon the patient will simply be enjoying better vision.

A free report awaits you at our laser eye surgery portal site, where you can enrich your knowledge further about recovery after lasik eye surgery. Your comment is much appreciated at our laser vision correction blog.